

United Way of Southwest Minnesota

Within our HEALTH priority area, we invest in programs that work to increase healthy behaviors and wellness.

Following are some examples of how a specific donation to this priority area might be invested to make a difference in the lives of local people.

\$50.00

YOUR DONATION OF \$50.00 COULD PROVIDE:

- **TEN MEAL BUNDLE** delivered to a homebound senior who was recently discharged from the hospital.
- **ONE WEEK** of frozen meals shipped to a senior who lives in an extremely isolated area.

\$250.00

YOUR DONATION OF \$250 COULD PROVIDE:

- **ONE MONTH** of meals for a low-income senior who cannot afford to contribute toward the cost of their meals.
- **FIFTY MEALS** for frail low-income senior citizens who rely on them to maintain their health and independence.

By donating to United Way of Southwest Minnesota, you are making a positive impact in your community, neighborhood and school. Every donation matters!

Your donation to UWSWMN is tax deductible to the fullest extent allowed by law.



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