

# Beyond the Book Activities

## *I Went Walking*

### By Sue Williams and Julie Vivas

**Parents/Caregivers: Why do books matter? It all comes down to ABCs.**

- **A child deserves to be prepared:** Educators emphasize that reading with your preschool child is one of the most important activities to prepare them for kindergarten.
- **Books are essential:** Studies by the National Assessment of Educational Progress organization have consistently found that the more reading material available in the home, the better students' reading levels are likely to be.
- **Cost of children not being prepared:** According to the Wilder Research, in Minnesota, the cost of children entering kindergarten unprepared is approximately \$113 million annually to school systems due to increased:
  - Student aid
  - Special education and grade repetition
  - Teacher related costs
  - Impact on school safety due to delinquent behavior

Utilize the following activities to take you and your child(ren) beyond the book you just read.

These activities were developed through the cooperation of United Way Success By 6, Marshall Lyon County Public Library and Marshall ECCE Little Cubs.

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## Supplies Needed

### **Activity 1**

- Coffee Filters
- Markers
- Paper plates
- Hole punch
- Water bottle
- Newspaper

- Yarn

### **Activity 3**

- Paper
- Pencils

**\*Read book before getting ready for each activity.**

## **Activity 1: Coffee Filter Art**

**Supplies you'll need:** Coffee filters, markers, paper plates, hole punch, yarn, water bottle, newspaper

**Directions:**

- Give your child a coffee filter and some markers.
- Allow your child to create designs on the filters.
- Have them place their filters on paper plates and lightly mist them with water from a spray bottle.
- Transfer the filters to newspaper.
- Allow them to dry.
- When dry, punch a hole in the top of each filter and hang with yarn.

## **Activity 2: I went...**

**Directions:**

- Explain to your child that they are going to act out what you say.
- Say "I went walking" and have your child walk in place.
- Ask your child to pretend they are outside and to name some things they see.
- Then switch the word "walking" to another movement word. For example, "I went slithering." Have your child slither and ask them what they see. Continue to play using different movement words.

## **Activity 3: Sentence Starters**

**Supplies you'll need:** Paper, pencils

**Directions:**

- Write the following sentence starters on a sheet of paper:
  - These things are red
  - These things are orange
  - These things are yellow
  - These things are blue
  - These things are purple
  - These things are green
  - These things are black
  - These things are brown
- Have your child complete these sentences and write down their answers.