



# Raise Your Hand

You can live 40 days without food, 7 days without water, a few minutes without breathing, but you can't live one second without **HOPE**. Today, we invite you to *Raise Your Hand* with the United Way of Southwest Minnesota and create hope in our community.

## Here is how your past support created hope in our community. 2023-24 Community Partners and Internal Programs



## How your support makes a difference:

- One donation of \$5 will purchase 500 pounds of fresh potatoes from Second Harvest Food Bank
- A \$25 donation covers the cost of a whole week of meals for a frail senior recovering from illness or a hospital stay.
- Giving a \$50 donation can supply shelter and food for a family for one night.
- With a \$100 donation, two students would have personalized tutoring for one month.

- "Thank you for helping me with such great food from the food shelf. The food shelf helps me maintain my dignity. Thank you all; you have blessed me many times over."
- "I am grateful for the Meals on Wheels. Dad is getting a nourishing meal, and someone is checking to see if he is okay. The peace of mind LSS gives me is priceless."
- "Gina," a single mother with two young children, was fleeing domestic violence, so we collaborated with WRAP and provided shelter in the Refuge. She worked really hard with our staff, and we were able to help her secure income-based housing within a few days. This assured that her housing would be affordable for her.
- Roxanne, a tutor at Tracy Area Elementary, reflected, "I couldn't even get him to talk on the way to the reading room. It was hard to hear him say the few letter sounds he knew: "With daily practice, he has grown this semester – in confidence and letter sound recognition. "When I go to get him, he jumps right up, comes with me, and races to the room. He works very hard each day. He knows all his letter sounds now and gives 100% when he's with me." A little extra practice and support from a caring adult helped this student build core skills to become a strong reader. "It feels good to know I can make a difference in someone's life."



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<p><b>Sun. September</b></p>  <p>Kindergarten - 3rd-grade students can receive literacy tutoring to help them achieve reading success.</p> 	<p><b>Tues. January</b></p>  <p>Victims of violent crime, domestic violence, or sex trafficking are provided the support they need to move beyond their situation and heal.</p> 	<p><b>Wed. February</b></p>  <p>Kindergarten students are introduced to personal economics, including a basic understanding of wants vs. needs.</p> 	<p><b>Thur. May</b></p>  <p>Local children with food insecure families are provided with backpacks filled with healthy snacks to supplement their weekend nutrition needs.</p> 
<p><b>October</b></p> <p>2,296 children receive the gift of a book in the mail each month, encouraging their parent(s) to read to them to build a strong foundation for literacy skills.</p> 	<p><b>June</b></p>  <p>Non-custodial parents can interact with their children in a supervised environment to ensure safety and continue the parent-child bond.</p>	<p><b>November</b></p>  <p>Local senior citizens are provided with hot or cold home-delivered meals to help nourish them and help them age with dignity as they continue to live in their own homes.</p> 	<p><b>July</b></p>  <p>A growing student-athlete is provided with a sports physical to participate in extra-curricular sports to help them learn and grow in a team setting.</p>
<p><b>December</b></p> <p>Homeless families are provided temporary shelter and services to help move them from crisis to stability.</p> 	<p><b>March</b></p>  <p>Children, individuals, and families in need can access free supplemental foods that match their personal preferences.</p> 	<p><b>April</b></p>  <p>Over 900 Wild About Kindergarten Bags were distributed to 23 area schools for every child who attends Kindergarten Round-Up in our service area.</p> 	<p><b>August</b></p>  <p>4,500 Local children were provided with 60,000 basic school supplies to help start the school year on the right foot.</p> 

Your support makes a year-round impact on our community.  
Please consider donating to  
**UNITED WAY OF SOUTHWEST MINNESOTA.**



**Donate Today!**  
Scan the QR code or mail your contribution to:  
**United Way of SW MN**  
PO Box 41  
Marshall, MN 56258  
507-929-2273  
[Unitedway@unitedwayswmn.org](mailto:Unitedway@unitedwayswmn.org)

**Join us & Get Involved**  
**With your help,**  
**there's HOPE.**

